

**District I and II  
Regional Track Meet  
Friday, May 10 and Saturday May 11 2019**

Friday's Session:

1:00 PM the following events will begin:

2A: Girls Discus, Boys Long Jump, Girls Pole Vault

1A: Girls Triple Jump, Boys High Jump, Boys Shot Put

At the conclusion of each event the following events will begin:

2A: Girls Triple Jump, Boys High Jump, Boys Shot Put

1A: Boys Long Jump, Girls Discus, Girls Pole Vault

2:00 PM 3200 Meter Finals (1A Girls / 1A Boys / 2A Girls / 2 Boys)

**At the conclusion of the field events**

We will begin the preliminaries with this order:

100 m High Hurdles            1A Girls, 2A Girls

110 m High Hurdles        1A Boys, 2A Boys

100 m Dash                    1A Girls, 1A Boys, 2A Girls, 2A Boys

400 m Run                     1A Girls, 1A Boys, 2A Girls, 2A Boys

Intermediate Hurdles      1A Girls, 2A Girls, 1A Boys, 2A Boys

200 m Dash                   1A Girls, 1A Boys, 2A Girls, 2A Boys

**Medley Relay Finals**        1A Girls, 2A Girls, 1A Boys, 2A Boys

**Saturday's Session:**

10:00 AM the following events will begin:

2A: Boys Discus, Girls Long Jump, Boys Pole Vault

1A: Girls High Jump, Girls Shot Put, Boys Triple Jump

At the conclusion of each event the following events will begin:

2A: Boys Triple Jump, Girls Shot Put, Girls High Jump

1A: Girls Long Jump, Boys Discus, Boys Pole Vault

**FINALS WILL BEGIN 20 MINUTES AFTER FIELD EVENTS HAVE CONCLUDED (APPROXIMATELY 1:00 PM ON SATURDAY.)**

100m / 110m Hurdles            (1A Girls, 2A Girls, 1A Boys, 2A Boys)

800 m Relay                    (1A Girls, 1A Boys, 2A Girls, 2A Boys)

100m Dash                     (1A Girls, 1A Boys, 2A Girls, 2A Boys)

800m Run                      (1A Girls, 1A Boys, 2A Girls, 2A Boys)

400 m Relay                    (1A Girls, 1A Boys, 2A Girls, 2A Boys)

400m Run                      (1A Girls, 1A Boys, 2A Girls, 2A Boys)

**20 Minute Break**

300m Hurdles                 (1A Girls, 2A Girls, 1A Boys, 2A Boys)

200m Dash                    (1A Girls, 1A Boys, 2A Girls, 2A Boys)

1600m Run                    (1A Girls, 1A Boys, 2A Girls, 2A Boys)

1600 m Relay                 (1A Girls, 1A Boys, 2A Girls, 2A Boys)